



POWER CHOICES©

Creating Attitudes & Strategies
Tapping Limitless Energy

Facilitating Potential

December 2004

Power Choice #12- Choose to Shoot for the Stars

Aim high! Believe in yourself! Set BHAG's - *Big Hairy Audacious Goals!*

Recently, I met with my mentor - a man whom I look up to and who has been there for me in many situations. I now realize why he means so much to me. He has never told me how to solve my problems, but instead he has given me something more powerful - the desire to go after my dreams.

He told me that as a young boy, he was privileged to go with his father as he conducted his daily business. His dad allowed him to drive the family vehicle in alleys and side roads when he was barely able to reach the car pedals. His father would walk along side on foot to the next house. By the time this man was fifteen, his father experienced a life threatening accident and because of my mentor's ingenuity and courage—he was able to provide for his family of six while his father recovered.

His father's dream was for him to go on to college and become a doctor. But this man was hooked. He loved the family business and decided to leave college, despite what his father felt at the time. In fact, his father did not talk to him for several weeks, and for this respectful, kind man—that was a lifetime. But, finally, he won his dad over. He could go into the family business.

My mentor told me that he saw each day as an adventure - a new opportunity to take the business to a new level, offer better service, receive a higher price, and give back more to the community. **He started small but always thought big!** As his business grew, he was able to expand and grow his business into one of the leading businesses today in my community.

To this day, he still views each day as a new experience. He continues to serve as a mentor and community leader. He inspires me and countless others to choose to dream big and shoot for the stars!

For Assistance with Power Choices, call Laura Novakowski at 570-477-3388, email lnovakowski@aol.com website and visit www.positivepowerinc.com.

Choices to Ponder

- I choose to think big!
- I choose to go after my dreams!

“If you shoot for the stars and hit the moon, it's OK. But you've got to shoot for something. A lot of people don't even shoot.”

Anonymous



A Classic Read *The Essence of Success*

by Earl Nightingale:

“In all walks of life, the most successful people are the risk-takers.”

"I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars."

Og Mandino

Master Your Own Fate

Invictus

by William Ernest Henley; 1849-1903

*Out of the night that covers me,
Black as the Pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.
In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.
Beyond this place of wrath and tears
Looms but the horror of the shade,
And yet the menace of the years
Finds, and shall find me, unafraid.
It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate;
I am the captain of my soul.*

This poem carried me through some challenging times in my youth. Whenever people told me it couldn't be done, I knew that I had to follow my heart and my passion.

As time went by, however I moved further and further away from what shot me out of bed in the morning. For many years I forgot this poem and what it had meant to me. I compromised, resisted, struggled, blamed and often times sold out on my dreams. Then one day I again came across this poem and I was once again reminded of what it meant to me - that according to William Ernest Henley I was to take responsibility for my own destiny. Regardless of how "bloodied" I would get, I could stand "unbowed." and be the master of my own fate,

On that day, I became the captain of my soul. I opened my own business and started to work with my most difficult client - me. In the process, I have traveled across the country and discovered more and more people shooting for their stars and in some way I am able to help **them** reach **their** dreams.

I am currently working with an amazing colleague and co-authoring a book. This was another one of my life-long dreams. Although the road has been rocky at times - I realize that I wouldn't change a minute.

I chose - and daily choose - to be the "captain of my soul." Will you?



**INSPIRING POTENTIAL—
CREATING ATTITUDES & SERVICES TAPPING LIMITLESS ENERGY**

How are **you** choosing to shoot for **your** stars?

Complete the following choice inventory...

- Do you know what causes you to jump out of bed every morning?
- Do you know what makes your heart sing?
- Do you feel that you are making a difference at home or at work?
- Are you going in a direction that makes you feel as if you are moving forward?
- Do you connect with people who help you follow your passion?
- Are you willing to go the extra mile to get what you believe in?
- Are you willing to change your life if you are not currently achieving your dreams?
- Are you willing to help someone else with more talent and ability to win?

Conduct your "Choices Inventory" in conjunction with the action planner found on the last page of this newsletter. You are raising your level of awareness and making conscious choices that will create the life you desire.

Positive Power Strategies, Inc., a company whose sole purpose is help individuals and organizations to discover their true potential and take action to manifest extra-ordinary results.

Laura R. Novakowski, principal of Positive Power Strategies, Inc., is a developmentalist and facilitator whose background as a nurse, executive and facilitator of change helps individuals and corporations to discover and engage their potential - building on "What's In It For Me" (*WIIFM*) and achieving "What's In It For Us" (*WIIFU*) & providing tools that support amazing performance to achieve consistent growth & sustainable success!

IF you are interested in learning more about processes that help you and your organization implement power choice strategies and improve results, please contact us at:

*Phone: 570-477-3388 or Fax: 570-477-2636
or Email: lnovakowski@aol.com and
check out the website: www.positivepowerinc.com*

"If I shoot at the sun
I may hit a star."
P.T. Barnum



"The only lifelong, reliable motivations are those that come from within, and one of the strongest of those is the joy and pride that grow from knowing that you've just done something as well as you can do it."

.Anon.



Action Plan Exercise:
Power Choice #12
Choose to Shoot for the Stars

1. What **star (s)** are you choosing to shoot for?

2. What **people** can help you along the way as you to choose to shoot for your stars?

3. What you would **feel** like when you get closer to hitting your star (s)?

4. What you can do **right now** to help you get closer to hitting your star (s)?

Two men look out the same prison bars;
one sees mud and the other stars."
Frederick Langbridge

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*Interested in discussing your success with choosing extraordinary habits?
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