



# POWER CHOICES©

*M.A.G.I.C.A.L.. Potential™ :  
Going Beyond Purpose to Achievement*

*Creating  
Wellness*

April 2005

## Power Choice #4– Greatness – Laura Novakowski

In the past year, I have had the opportunity to learn three “C’s” for greatness from a very dear friend and colleague. *Character, courage and commitment!*

First and foremost, be of **extraordinary** character. My friend masterfully weaves in the credits and references in all of her work to ensure that the person who wrote or spoke an idea is very clearly identified. I asked her why this was such a “sticking point” for her. Her reply, “Integrity is non negotiable for me. I would be compromising my **character** if I took credit for someone else’s hard work or expertise.” The quote “Everyone tries to define this thing called Character. It’s not hard. Character is doing what’s right when nobody’s looking.” sums up the importance of this “C” for greatness.” Will **your** character stand up to **your** standards?

The next “C” – have courage! This same woman does not allow any fear to hold her back. I can feel her “square her shoulders” even over the phone when faced with tremendous personal and professional challenges. Harper Lee once wrote, “Real **courage** is when you know you’re licked before you begin, but you begin anyway and see it through no matter what.” I have been honored to witness this person persist and finish a job because it was the right thing to do, and needed to be done. Time, money and personal gain were of no consequence. Her undaunted spirit has served to inspire me to be courageous when it seems almost too overwhelming to start. Do you have the courage to begin anyway?

The last “C” – have commitment! She pledges her word, her time, her heart to every endeavor. Zig Ziglar’s words describe how she approaches life, “It was character that got us out of bed, **commitment** that moved us into action, and discipline that enabled us to follow through.” She commits one hundred percent the minute she starts, never wavering in her intention to get the job done. Are you willing to have that level of commitment personally and professionally to relationships, projects, dreams?

Please consider my friend’s three “C’s” as you choose **greatness!**

For Assistance with Power Choices, call 570-477-3388,  
email [laura@positivepowerinc.com](mailto:laura@positivepowerinc.com)  
or visit the website [www.positivepowerinc.com](http://www.positivepowerinc.com).

### Choices to Ponder

- I choose to take one step at a time!
- I choose to support others!

*“Be not afraid of  
greatness: some men are  
born great, some achieve  
greatness, and some have  
greatness thrust upon  
them.”*

William Shakespeare



A great resource!

Great Quotes from  
Great Women

Compiled by  
Peggy Anderson

# Catching the W.A.V.E. of Greatness

Leanne Hoagland-Smith

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"If a man has any greatness in him, it comes to light, not in one flamboyant hour, but in the daily ledger of his work."

Beryl Markam

Greatness is all around you. From Oprah to Bill Gates to Einstein to Stephen Hawkins to Gandhi to Mother Teresa, you read, see and hear it every day and sometimes you even have the opportunity to feel greatness for yourself. Yet, if greatness is everywhere, then how can you catch the **W.A.V.E.** of **greatness** more often?

Achieving greatness begins with **waiting**. While you are waiting for the wave to take you to the beach of accomplishment, you hone your skills and practice your craft. Continue to ask questions that lets you know when to reach out for that moment to take **action**.

Taking action is the next step. Acting on your plans and goals permits you to ride the wave successfully towards the shore. These goals contribute to the unique greatness within you. Sometimes, due to unforeseen events, you are forced to leave the wave and wait for the next right wave. If your goals are fortified by positive attitudes and good choices, you learn how to catch the next wave of opportunity.

As you take action and actually ride the waves, your **values** keep you balanced and focused toward the crest of the wave. Without your values, you usually leave the wave before it comes to rest on the beach of accomplishment. If you fail to understand the importance of your values, you may be faced with devastating consequences. On that extraordinary ride, having clear core values will help you allow the wave to carry you to the shore of honorable success.

Finally, riding the waves of greatness, requires you to **endure** those highs and lows. This ride is not necessarily a smooth one. There are moments of euphoria when you feel that you are on the top of the world and then very quickly the wave drops and you are doing everything just to hold on. Stay with it, you will master the seas!

As the waves of greatness continually seek the beach of accomplishment, you will begin to understand that achieving greatness is a multi-dimensional process affecting all aspects of your life. Through this understanding, you too can experience those incredible, exhilarating and fulfilling rides of and for your life. Catch your W.A.V.E. of greatness!



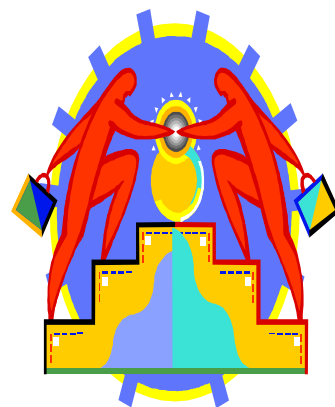
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## Complete the following choice inventory...

- Are you willing to **do what it takes** to achieve greatness as a parent, spouse, child or friend?
- Are you willing to **take a step** toward something that has potential for long-term greatness but has little short-term immediate reward?
- Can you **see** the greatness in simple everyday life?
- Do you give focused attention to the potential greatness in the present moment?
- Can you contribute to a successful endeavor without receiving personal recognition?
- Are you willing to "sign-up" for a goal that may not be achieved in your life-time?
- Can you passionately contribute to a dream for greatness that may change the world?

"None, but people of strong passion are capable of rising to greatness."

Count de Mirabeau



Conduct your "Choices Inventory" in conjunction with the action planner found on the last page of this newsletter. Finding your motivation will help you to find your *magical potential and go beyond purpose to achievement* to making your dreams a reality and making conscious choices that will invent the life **you** desire.

"The price of greatness is responsibility."

Winston Churchill

### **Positive Power Strategies, Inc.,** - *Creating Wellness in Your Personal and Professional Lives!*

Laura R. Novakowski, principal of **Positive Power Strategies, Inc.**, is a change catalyst. Laura's background as a nurse, executive and facilitator systematically helps you and your company to achieve health and wealth in your life and your business.

*If you are interested in learning more about how to create personal and professional "well-being", please contact us at:*

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check out the website: [www.positivepowerinc.com](http://www.positivepowerinc.com)*



## Action Plan Exercise: Power Choice #4 GREATNESS

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1. Please describe one **personal** situation where your actions caused you to achieve a dream or goal and describe how your **felt** about that situation.

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2. Please describe one personal situation where your actions helped a **loved one** achieve their dream or goal and describe how your **felt** about that situation.

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3. Describe a **work-place** situation where your actions caused you to achieve a dream or goal and describe how your **felt** about that situation.

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4. Describe a **work-place** situation where your actions helped a **co-worker** their dream or goal and describe how your **felt** about that situation.

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If you are interested in a keynote or seminar to excite the  
***M.A.G.I.C.A.L.™ Potential: Going Beyond Purpose to Achievement***

for you or your people, please contact:

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