



POWER CHOICES[©]

*Inspiring People and Businesses to Discover Their Capacity
for Amazing Health & Wealth*

*Choose to
Generate Changes*

December 2005

Power Choice #12– Generate Growth

Laura Novakowski

There is a parable that tells of a farmer who decided to plant a Chinese bamboo tree, one of the most difficult trees in the world to grow and so he planted the seed. For days, weeks and months, he gently and faithfully tended the seed.

At the end of year one, no tree. People in his neighborhood thought he was crazy, he was tending a mound of dirt, didn't he know that the seed was dead. Another year passed and still he tended the spot where he had planted the tree. This continued for two more years, no sprouts, nothing. By the fifth year people really believed he had lost his mind and made fun of him.

Suddenly three months into the fifth year out of the soil shot the trunk of a tree stretching high into the air. Five years and three months later a seemingly dormant seed grows **90 feet!** My point...

Often times, we make the choice to take action on our dream and plant that tree. At first, we receive a great deal of support. People are excited and cheer us on as we first plant the seed, sharing our idea, our dream and our passion. Time passes and there is no sprout. The tree hasn't broken the ground; people stop asking how our idea is going. We still want and need to talk about it. Rain or shine, our dream still needs to be tended. Rising costs cause us to tighten our belt and support becomes more scarce. Time goes on and we may appear crazy to everyone else as we keep on investing time, money, blood, sweat and often tears. A few believers remain, but for the most part, we are on our own.

To keep our dream alive we find new ways to nurture the soil. We repair strained relationships and cultivate new ones. We seek advice. Learn new lessons. Network more. Play differently. Add different perspectives, behaviors, attitudes and beliefs because this "tree" now is so real that it cannot, **not** grow. And then, one day, **BAM**, the tree bursts through the soil and grows 90 feet!

Just planting a seed is not enough. Day-in, day-out, we must invest time, talent, money, passion and courage covering extended periods of time. Then the day will come when we can see and touch that **90 foot bamboo tree** in front of us,

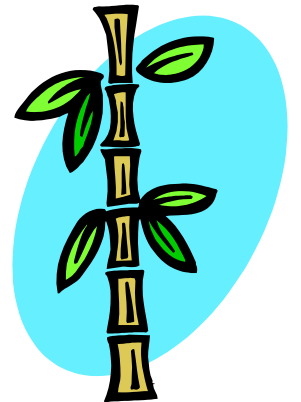
Are you willing to make the choice to plant and cultivate those seeds that will generate growth in **your** life?

Choices to Ponder

- I choose to take a fresh approach!
- I choose to continue to develop myself!

"We should be taught not to wait for inspiration to start a thing. Action always generates inspiration. Inspiration seldom generates action."

Frank Tibolt



A great read!

**An Enemy Called
Average**
John Mason

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Generate Results That Catapult You Always Forward

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*All that we are is the result of what we have
thought. The mind is everything.
What we think we become.*
Buddha

Zig Ziglar, who many considered to be not only an expert salesperson, but an inspirational individual, once remarked that "Every choice you make has an end result." With the year rapidly coming to a close, now might be the time to review the results from the choices you have made. Some of those choices may have resulted in exceptional accomplishments while others possibly failed to "hit the mark." Additionally, this is the time of year to begin to set next year's **Choice List** and review your five or ten year plans as well.



Generating results that catapult you always forward is not an easy task. Yet, the rewards of personal achievement and self-satisfaction are indescribable. The emotional highs that we receive in many cases sustain us through those equally emotional lows. However, the **question** always seems to be "How can I do it?"

The doing begins by first thinking about and then defining some simple key words that everyone uses, but from my almost 30 years of experience few can define for themselves. **HINT:** When you use someone else's definition, you may possibly achieve their goals and not your own. This is much like if you don't have a plan, then you are on someone else's plan.

Some critical key words to define are:

- ✓ **Purpose** – Why am I here and what gift do I bring to the table of life?
- ✓ **Values** – What behaviors will I consistently demonstrate as I live my purpose to achieve success?
- ✓ **Vision** – What does the big picture of my life look like?
- ✓ **Success** – What does this mean for me both personally and professionally?
- ✓ **Goal** – What criteria constitutes a goal versus a dream?

By taking the time to define these 5 simple words, you have taken the first steps to catapult yourself always forward. These words now help you to stay focused because as you make decisions and then take action, you will generate the results to fit **YOUR** life and not someone else's.

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Complete the following Power Choice Inventory...

- Do you choose to **sit back** and wait for life to change?
or
- Do you choose to **find** the ways and means to change?
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- Do you choose to randomly make decisions based on the "flavor of the month"?
- Do you choose to **assess** your life and taken purpose-filled action?
or
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- Do you choose to **move** from one thing to the next, skipping around in life?
- Do you choose to **plant a seed** and tend it faithfully day-in, day-out, year-in, year-out ?
or
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"The meeting of preparation with opportunity generates the offspring we call luck"
Anthony Robbins



"We generate our own environment. We get exactly what we deserve. How can we resent a life we've created ourselves? Who's to blame, who's to credit but us? Who can change it, anytime we wish, but us?"
Rich Bach

Complete your "Choices Inventory" and set the stage for an exciting year in 2006. Finding **your** inspiration will help you to find your *magical potential and go beyond purpose to achievement* to making your dreams a reality and making conscious choices that will generate the life **you** desire.

If **you** are interested in learning more about processes that help you and your organization **inspire** new ways of looking at every situation, **implement** Power Choice© strategies, and **improve** results, please contact us at:

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Power Choice #12 – Choose to Generate Growth through IMAGINEERING

In 2005, *Disney Enterprises, Inc.* published a book entitled *The Imagineering Way – Ideas to Ignite Your Creativity* authored by *The Imagineers*. This book **generated** growth and helped us take an out-of-the-box approach to our 2005 **POWER CHOICES**® newsletters and used **IMAGINEERING** as our theme.

Just in case you haven't noticed we have a tendency to use acronyms a lot and coincidentally **Imagineering** has 12 letters. As a result, writing the monthly newsletters has been great fun! We have implemented 12 powerful choices that are generating tremendous growth in our personal and professional lives and we'd like to share those results with you.

We now choose to :

Imagine how life will be in 1 month, 1 year, 10 years with more focused and creative planning.

Motivate ourselves and others when the going gets tough.

Ask more questions of family, friends, colleagues and customers and listen more intently for the real answers.

Greatness happens as we raise the bar to help others enhance their potential.

Implement changes proactively, rather than be caught unaware of challenges and obstacles.

New Frontiers present opportunities for self awareness.

Expect More of ourselves and others.

Engage a positive approach.

Reflect on the successes and the lessons learned.

Identify our passions and our strengths.

Navigate through life with joy and energy.

Generate Growth that adds value to our personal and professional lives.

If you are interested in a keynote or seminar to excite the
M.A.G.I.C.A.L.™ Potential: 7 Capacities for Going Beyond Purpose to Achievement

for you or your people, please contact:

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