



# POWER CHOICES©

Creating Health and Wealth  
for People and Businesses

BE INSPIRED

May 2005

## Power Choice #5- Implement

Once upon a time, there was a person who was the ultimate master planner (MP). This person could instantaneously see a situation and start designing plans. Hours would be spent on analyzing and assessing the situation. After all, isn't it important to have **all** the facts and **make** the plan perfect?

Often, this **MP** scrutinized situations to death. Going over and over, adding more goals, creating more action plans and getting **nowhere** fast! Frustration was high. Self confidence started to deteriorate. This **MP** was quickly losing ground.

Fortunately, **MP** had a mentor who just happened to call to catch up on old times. This mentor wanted to know how things were going. With remorse and embarrassment, MP shared that it wasn't going so well. Now the mentor was not only supportive, but very wise and asked MP, "What seems to be the problem?"

With some hesitation, MP confided, "I have spent a lot of time understanding my purpose, deliberating and writing the perfect plan, but I can't seem to get started. I'm not sure where to best invest my time, money or resources. So I chose not to do anything at all."

The wise mentor asked, "If you could take one step today to making your dream a reality, what would that be?"

Without hesitation, MP responded, "Why I would find someone to discuss the plan and share my thoughts and ideas and ask how best to get going"

"Dear friend," the mentor said to MP. "Can you share you plan with me and let me help you take the first steps in implementing your plan?"

You see, I am the master planner and when I get stuck I find a mentor - that person who supports me, believes in me and encourages me to reach beyond myself so that I can be more successful.

Now, I choose to seek help to implement my plans. Do you?

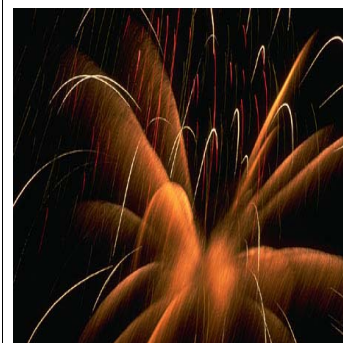
Laura Novakowski, [Positive Power Strategies, Inc.](#),  
Creating Health & Wealth for People & Businesses

### Choices to Ponder

- I choose to take action on my dreams!
- I choose to go after what I want out of life!

It is not always what we know or analyzed before we make a decision that makes it a great decision. It is what we do after we make the decision to implement and execute it that makes it a good decision.

William Pollard



A Classic Read

*Peoplemaking*  
Virginia Satir



## Implementation the Catalyst to Change

Leanne Hoagland-Smith

Painful as it may be, a significant emotional event can be the catalyst for choosing a direction that serves us—and those around us – more effectively. Look for the learning.  
Louisa May Alcott

*What keeps you and others from reaching that next level of success?*

From the personal and professional experiences of other colleagues and myself, one of the more critical success factors is implementation. Through my observations, I have discovered that people and organizations spend a great deal of resources including time, dollars and the cumulative total of the energy generated from these efforts to create life, business or strategic plans. Yet, these very same costly plans languish in an individual's desk drawer on an executive's shelf. The incredible, inspirational power within these plans lay untouched because very few individuals understand how to implement **the** plan.

Implementation is multi-faceted. This action requires a combination of consistently applying knowledge and skills including communication, decision-making, delegation, goal setting and goal achievement, prioritization, time management and working with the psychology of change. However without steady and demonstrated values by all involved, *especially those initiating the plan*, implementation will falter and succumb to the inertia of indecision and procrastination.

By respecting everyone's needs, the initiators begin to build *What's In It For Me (WIIFM)* leading to *What's In It For Us (WIIFU)*. When working on plans whether strategic, departmental **or** individual, I have learned to validate current behaviors by asking the following question: *What do you need from me so that you can successfully implement this plan?* This question builds a bridge with the implementer and the team where **all** now are **the** catalysts for change.

*Successful implementation of change happens when we embrace a clear purpose, attitudes of partnership and steadfast demonstration of core values –  
Everyone can participate as a champion!*

Leanne Hoagland-Smith, **ADVANCED SYSTEMS**, the **Performance Specialist**  
Connecting the 3 P's of passion, purpose and performance  
219.759.5601 or [leanne@processspecialist.com](mailto:leanne@processspecialist.com)

How are **you** choosing to use your energy?

Complete the following choice inventory...

- Are you spending excessive time on planning?
- Do spend time worrying about the outcome in most situations?
- Do you know what helps you to execute your plans?
- Do you know what are the benefits of achieving your goals?
- Do you take time to understand the consequences of not implementing a plan or achieving your goals?
- Do you identify what barriers cause you to fail to implement your plans?
- Would you like to be more consistent in implementing your plans?

Conduct your "Choices Inventory" in conjunction with the action planner found on the last page of this newsletter. You are raising your level of awareness and making conscious choices that will create the life you desire.

"You don't make progress by standing on the sidelines, whimpering and complaining. You make progress by implementing ideas."

Shirley Hufstедdler



"Management manages by making decisions and by seeing that those decisions are implemented."

Harold S. Geneen

*IF you are interested in learning more about processes that help you and your organization Implement power choice strategies to improve results, please contact us at:*

*Laura R. Novakowski, [Positive Power Strategies, Inc.](#)*

*Phone: 570-477-3388 or Email: [laura@positivepowerinc.com](mailto:laura@positivepowerinc.com)*

*check out the website: [www.positivepowerinc.com](http://www.positivepowerinc.com)*

*Or*

*Leanne Hoagland-Smith, [ADVANCED SYSTEMS](#)*

*Phone 219.759.5601 or Email: [leanne@processspecialist.com](mailto:leanne@processspecialist.com)*

*Check out the website: [www.processspecialist.com](http://www.processspecialist.com)*



## Action Plan Exercise: Power Choice #5- Choose to Implement

An action plan to support successful planning.

1. Identify a plan, project or objective that you have been procrastinating upon starting:

---

---

---

2. Identify 4 things that you can do this month to implement the plan (that's only one a week)

---

---

---

---

3. Describe the results you have achieved from the action that you have taken:

---

---

---

---

4. Contact someone supportive with whom you can share your progress, list their name, number and the date you contacted them :

---

---

5. Now list at least 4 feelings that have experienced because you started to implement your plan:

---

---

---

*Interested in discussing your success with choosing extraordinary habits,?  
Please call Laura Novakowski: Phone: 570-477-3388 or Fax: 570-477-2636 or  
Email: [lnovakowski@aol.com](mailto:lnovakowski@aol.com) and check out the website: [www.positivepowerinc.com](http://www.positivepowerinc.com)*

*Leanne Hoagland-Smith, **ADVANCED SYSTEMS**, the Performance Specialist  
Connecting the 3 P's of passion, purpose and performance*