



POWER CHOICES®
August 2007



Power Choice #8– Grow

Do you believe it is important to **grow** to reach that next level of success?

Do you see the value of **growing** yourself as you **grow** your business?

Do you believe that to **grow** is a mindset to extraordinary wealth?

If YOU do (and even if you do not)...
Please read on!

Think and Grow Rich

by
Napoleon Hill

- Learn techniques to that can help **YOU** build stronger skills and capabilities as you **grow** towards your desired results
- Learn to identify those **growth** competencies where you may excel and take your life and your work to the next level!
- Learn the habits and behaviors that enhance your ability to be viewed as an incredible **grower**!

We are interested in helping **YOU** build **YOUR** ability to enhance your capacity to **grow** your talents more consistently to improve **YOUR** life. If **YOU** desire to have extraordinary **growth** abilities that will help you to live a life filled with purpose, balanced health, social responsiveness, enhanced ethical behaviors, mental expansion, nurturing family relationships, amazing career performance and financial success, than contact Laura or Leanne to begin **YOUR** first steps in learning on how to **grow YOUR** skills to help you achieve **YOUR** greatest dreams.



We invite you to our websites (see below) to subscribe to **Power Choices®** and we hope that you choose to discover how choosing to develop **YOUR growth talents** can change **YOUR** life.

'Develop a passion for learning. If you do, you will never cease to grow.'

Anthony J. D'Angelo

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**Grow –
Leave a legacy!**
Laura Novakowski

**"Develop a passion for learning. If you
do, you will never cease to grow."**

Anthony J. D'Angelo

People and organizations approach professionals in the human potential business because they have a desire to **grow** or to change. They know they need and want to change and fortunately for myself and others in this field, performance improvement, they are seeking a **KEY** to success. From my observations when people start following **their own passions** and **discover their own gifts**, they will live a life far beyond their greatest expectations. This is the real **key to success**.

"Why should I grow?"

My immediate responses might be: "Are you totally happy with your life?" "Would you be able to read your obituary today and be totally proud of and at peace with your life?" This generally stops people dead in their tracks!

Alfred Nobel was originally a chemist and industrialist. One day, he was reading the newspaper and found an obituary. The obituary was for a man who had created one of the greatest tools for destruction – dynamite! The man in the paper was Alfred Nobel. Yes, Nobel was reading his own obituary, there had been a mistake. In that moment, he realized that he wanted to be remembered for something more than destruction. He needed to **grow** – to change or that would be **his real obituary**.

We don't generally have such a profound moment in our lives when we realize we want to be remembered for something that makes a difference. But each one of us has an opportunity and **more importantly** an obligation to ourselves to **grow** into our greatest potential, to share our greatest gifts, to be our personal best!

"How can I grow?"

Get to know yourself. Invest time, money and energy in learning who you are, what you are good doing and what areas of your personal and professional lives might need to be strengthened.

Reflect on feedback that you receive from others. Formal feedback may come from 360 degree instruments. However, simply asking family, friends and peers for their honest impressions and then digging deep within your self is a great start.

Organize and prioritize what is important to you. Learn what gives you passion and purpose. There's a great saying, "If you know your **why**, your **how** will show up!" I have found that this is the heart of personal **growth**!

Work to change. Create meaningful **growth** goals and then engage in a personal and professional action planning process that helps you make a difference for yourself and others.

GROW and leave a meaningful legacy!

Laura Novakowski, MBA, RN
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Grow to Thrive in the Land of Possibility

Leanne Hoagland-Smith, M.S.

"In short, we cannot **grow**, we cannot achieve authentic discovery, and our eyes cannot be cleansed to the truly beautiful possibilities of life, if we simply live in a neutral existence."
Armstrong Williams

Business and individuals are continually seeking the next level of excellence and success. To do that requires a mindset of accepting change and looking at all of the possibilities in life. Only then, can we **grow** forward and thrive in the *Land of Possibility*.

Growing is a part of life. Even though we are constantly **growing** mentality, physically, financially, socially, ethically and personally through family, many individuals fear change which may come as a result of **growing**.

In business, executives and owners see change every day in their Profit & Loss Statement or P&L. The goal is to **grow** the profits while keeping losses at a minimum. Since the focus is on **growth**, then maybe it is time to rename this handy tool to ***Possibility & Limitations Statement***.

For when we see the possibilities in business and life, we are now open to **growing** forward instead of being limited and holding our potential back. Change is now embraced because the mindset or beliefs have been redirected to look at the same situation with a different filter of lens. Now, we can become innovators and take control of our destiny.

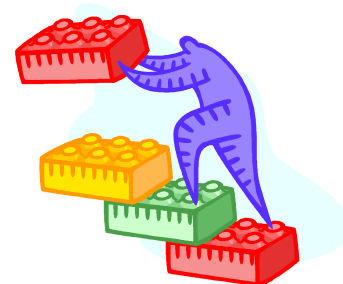
Unfortunately, what is keeping most people and businesses from **growing** is their reluctance to embrace change and thrive. Since many individuals are comfortable (not necessarily happy) with the pain of their existence, the **gain** to change has to be so incredible that very few people take the risk. They would rather stay where they are somewhat miserable than take chance to **grow** and ignite their potential.

The other day I was at the celebration of life for a dear friend who has been many times a surrogate parent to me who was celebrating 80 years of an incredible, inspiring and always **growing** life. At the time, I was asked what I do and explained a little about my business. The person asking the question was quite astounded that I took the risk to start a business less alone one in the area of performance improvement. She asked me "Were you not afraid?" I had to be honest and say "Yes, but I was more afraid not to **grow**."

Human beings are born with the innate capacity to **grow**. For me, this **growth** capacity is my potential. How much of my potential am I actively **growing**? Albert Einstein, the father of nuclear science to quantum physics was quoted in the later years of his life as using only "10%" of his potential. He truly understood the ability to **grow** is always present and that we as humans have so much more **growing** to do.

When we **grow** forward asking the "What If" questions, we are thriving in the Land of Possibility. And, isn't that a better place to be, especially, if we truly want to **grow** and reach that next level of excellence and success?

Leanne Hoagland-Smith, M.S.
ADVANCED SYSTEMS
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Growth Application

Stephen Sisselman

Book Recommendation

[If Harry Potter Ran General Electric](#)

By: Tom Morris

The magical part of life is being able to discover one's path while enjoying each of the stepping-stones along the way. The results of discovery are knowledge and the place we elevate to as a result of its application is different and indicates **growth**. **Growth** is the highlighter along our path of potential that shows us how far we've come.

Growth is an opportunity that is always available to those who desire it. The story of Harry Potter is a great example. Throughout J.K. Rowling's series we are shown the **growth** of our main character from his first introduction to the world of wizards to his heroic actions to save this world from utter misery. The stepping-stones between Harry's **growth** experiences after learning bits of knowledge help him on his path and form the wonderful stories adults and children both enjoy.

We spend much of our lives as does Harry gaining knowledge along the way, and acting convinced that others have more that we need to obtain. The constant quest for this knowledge stands in the way of our ability to apply the knowledge we already have to accomplish **the results we need**. Perhaps had Dumbledore focused more upon his goal as Harry eventually did, he would have succeeded in destroying Voldemort sooner. **Growth** is ageless and has no boundaries. There are always ways to gain more knowledge and just as many if not more to apply it which means there are endless possibilities for **growth**.

This is exciting because no matter who you are, where you are, how old you are, how young you are, where you have been, where you are going or who you travel with, there are things to learn, knowledge to gain, but most importantly, knowledge application to achieve **results**. The greatest gift we can give ourselves is to allow for our **growth** to take place, so go forth on your quest, the journey starts now, today, this instant, **grow, grow, GROW**.

Make everyday a day to remember!

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On a scale of 1 to 10, with 10 being **extraordinary**, score your personal and profession level to **grow**:

How does my **capacity to grow** helps me to achieve my life's personal/professional purpose? ___

How does my **capacity to grow** helps me to achieve my physical health and wellbeing? ___

How does my **capacity to grow** help me to achieve my mental growth and development goals? ___

How does my **capacity to grow** help me to in my relationship with family and friends? ___

How does my **capacity to grow** help me to serve my community? ___

How does my **capacity to grow** help me to achieve my full financial growth potential? ___

How does my **capacity to grow** help me to achieve my full career, profession or business potential? ___

How does my **capacity to grow** help me to live my beliefs, ethics and values? ___

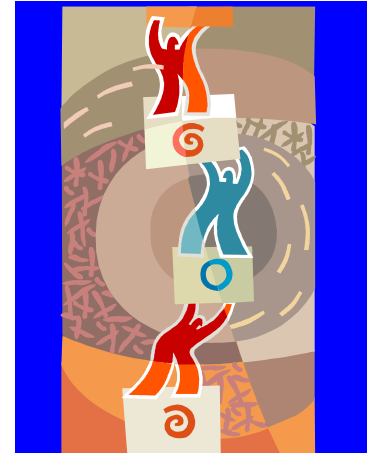
How does my **capacity to growh** help to influence my ability to change and grow personally/professionally? ___

Evaluating **YOUR capacity to grow** can help you to stay achieve extraordinary goals and live an amazing life. The next step is to start a **Power Choice**© goal achievement system in an area that will help you to achieve **YOUR M.A.G.I.C.A.L.**™ goals.

*If **you** want to discover some exciting tools and techniques to help you to expand **YOUR capacity to grow** and to help you to double your performance potential please call:*

"Actions are the seeds of fate, deeds **grow into destiny."**

Harry S. Truman



"As long as we are persistence in our pursuit of our deepest destiny, we will continue to grow. We cannot choose the day or time when we will fully bloom. It happens in its own time."

Denis Waitley

Laura R. Novakowski

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