



POWER CHOICES® June 2006



Power Choice #6 – Commitment

- Do **you** clearly identify personal and professional commitments?
- Do **you** have a process to effectively measure your level of commitment?
- Do **you** review and adjust your commitment behaviors?

**Interested?
Please continue!**

Imagine that you have already mastered behaviors that foster **commitment**. And to paraphrase Henry David Thoreau, *if you advance **confidently** in the direction of **your** dreams, and endeavor to live the life which **you** have imagined, **you** will meet with a success unexpected in common hours!*

- **Imagine** what it would mean to **YOU** if you totally **committed** to living every day on purpose!
- **Imagine** what it would mean to **YOU** if you totally committed to extraordinary standards and values!
- **Imagine** what it would mean to **YOU** if you totally committed to keep going even "when the going gets tough!"

We are interested in helping **YOU** build **YOUR** capacity to enhance **your commitment** and to discover tools to help you realize life-changing results leading to a focused purpose, improved health, financial independence, social responsiveness, enhanced ethical behaviors, expanded mental capabilities, amazing career performance and nurturing family relationships.

"There's no abiding success without commitment."

Anthony Robbins

We invite you our websites (see below) to subscribe to **Power Choices®** and we hope that you choose initiating action for a positive life!

A Book Choice:

WINNING COMMITMENT
How to Build and Keep A Competitive Workforce

Gary Dressler



"Commitment unlocks the doors of imagination, allows vision, and gives us the "right stuff" to turn our dreams into reality."

James Womack

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Be Committed!

Laura R. Novakowski

**"In a time of unpredictability,
perplexity and near panic, personal
commitment is the essential!"**

Laura Novakowski

This thought provoking quote by an unknown author - "***The difference between 'involvement' and 'commitment' is like an eggs-and-ham breakfast: the chicken was 'involved' - the pig was 'committed.'***" – caused me to really stop and think about **my** level of commitment.

First, I needed to understand the difference between involvement and commitment. My buddy Webster defines ***involvement*** as "*interest, participation or engagement*" and **commitment** as "*allegiance, loyalty, dedication.*" I was struck by the distinct differences. It's nice to be interested, engaged and participative in an activity, however it is powerful for me to be loyal, have allegiance and to be dedicated to a cause.

Picture this...

Senior Management has just completed the strategic planning. Calling a meeting of middle managers, the CEO, Leona shares the new key initiatives. She asks of the group, "*I'd need your help to ensure that we successful implement these initiatives. How can I count on each of you?*"

Egbert, the director of customer relations and a long time employee of the company, catches the CEO at the end of the meeting and says. "I'm interested in helping and will be glad to participate on a committee."

The CEO nodding, responds, "I'll keep that in mind Egbert."

Later the same day, the CEO bumps into Hamilton, the new shipping manager in the hall. "Leona, I'd like to share with you a rough outline of how I think I can help with the **cost** initiative. Can I schedule an appointment to meet with you to discuss?"

"Actually, I free right now, let's go back to my office. I'd love to hear what you ideas!"

Can you relate to either scenario?

I know that I can because I have been both Egbert and Hamilton. I've been the "chicken" who offers to get involved in some capacity. I donated an "egg" a little of time and energy – low risk, low gain. Fortunately, I have also been the "pig" committing to what appears to have been an almost lost cause. I'm willing to contribute the "ham", risking everything, – massive amounts of time and self – high risk, opportunity for high gain.

Life is short. Time is valuable. Energy is precious. It will make a world of difference if rather than just getting involved, **you** show allegiance, loyalty and dedication. **Be Committed!**

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Commitment – A Piece within Your Success Puzzle

Leanne Hoagland-Smith

**Everyone's success puzzle is different
and yet everyone shares one common
puzzle piece – commitment.**

Leanne Hoagland-Smith

Sustainable success is very much like a puzzle with a lot of pieces. Everyone's success puzzle is different. What works for some doesn't always work for others. Yet, one piece in everyone's success puzzle is commitment. The piece may be a different shape and size, but it is always present.

Commitment by its very nature implies some action to be taken to achieve a desire, a dream or what can be also be called a goal. Think about a recent achievement and your level of commitment. Then, think about a goal that wasn't successfully achieved and your level of commitment. Compare the two levels of commitment – were they the same or different?

For example, Laura and I are committed to creating value in this monthly newsletter based on what we have learned from our own experiences, our readers as well as upon our own goals and values. Sure, we could cite some statistics and write more research based or scholarly articles and be like many of the other Ezine newsletters that we have seen. However, would those actions actually add value by helping you realize that next level of success. I sincerely doubt it because success is personal.

Making a monthly commitment to be honest and share our personal experiences is what we know from your many comments is what makes this newsletter unique.

Commitment takes different forms at different times of our lives. As a parent to a newborn, we are committed to keeping the baby safe at all times. As the child grows into a young adult, we recognize that child must live its own life and so our commitment is still there, but has evolved to a different form. (Read Laura's article in the May 2006 issue)

Commitment also evolves in business. Entrepreneurs are committed in the early years to working the business by wearing many different hats. As time passes, the business grows (hopefully), the commitment changes to working **on** the business while letting others work in the business.

Understanding how you define commitment and how you execute commitment is absolutely essential. For commitment is the one of the critical pieces to completing your own success puzzle.

During the last few years, as I have spoken with many individuals from teens to successful business owners, I have learned that no one wants to be a failure and yet everyone wants to be a success. Then, the simple question is:

Why don't we have more success?

The answer to this question is multi-fold. However, commitment to doing the right thing at the right time in accordance with the right plan and aligned with the right values is always part of the answer or in the words of Peter Drucker "Unless commitment is made, there are only promises and hoes: but no plans."

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On a scale of 1 to 10, with 10 being **extraordinary**, score your **commitment capacity** in the following:

How is my **commitment capacity** for achieving my life's purpose? ____

How is my **commitment capacity** for achieving balanced physical health and well-being? ____

How is my **commitment capacity** for dynamic mental growth and development? ____

How is my **commitment capacity** for building strong a family and friendships? ____

How is my **commitment capacity** for building a better community? ____

How is my **commitment capacity** for improving my financial growth potential? ____

How is my **commitment capacity** creating a successful career, profession or business? ____

How is my **commitment capacity** for showing and sharing my ethics and values? ____

How is my **commitment capacity** for change? _____

Evaluating your **commitment capacity** will help you to clarify what is important and continue to set the stage for an exciting year. The next step is to start a **Power Choice**© goal achievement system in an area that will help you to achieve an **extraordinary goal**.

If **you** want to discover some exciting tools and techniques to enhance your **taking initiative capacity** for success and help you to **double your performance** in the next 6 months please call:

"I don't want to get into anything that would only be halfway. If we're going to commit to it, then we're going to commit to it all the way."
Al Unser



"We do it because we're committed, because we're believers."
Christiane Amanpour

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